



For Immediate Release

Contact:

Dawn M. Robért, Investor Relations
Galaxy Nutritional Foods, Inc.
(407) 854-0433

**GALAXY NUTRITIONAL FOODS SCHEDULES EARNINGS
CONFERENCE CALL FOR THURSDAY, JULY 14, 2005**

ORLANDO, Florida (July 11, 2005) - Galaxy Nutritional Foods (AMEX: GXY), a leading producer of nutritious plant-based dairy alternatives for the retail and foodservice markets, today announced that executives will host an investor conference call to discuss operating results for the fiscal year ended March 31, 2005 and the Company's recent announcement regarding its operational restructuring. The Company plans to report its FY2005 operating results on Thursday morning, July 14, 2005 and will host an investor conference call at 11:00 a.m. Eastern time the same day.

Shareholders and other interested parties may participate in the conference call by dialing 800-322-0079 (international/local participants dial 973-409-9258), a few minutes before 11:00 am EDT on July 14, 2005. The call will also be broadcast live on the Internet at <http://phx.corporate-ir.net/playerlink.zhtml?c=102653&s=wm&e=1099448>. The call will be archived on the Internet through October 14, 2005 at <http://phx.corporate-ir.net/playerlink.zhtml?c=102653&s=wm&e=1099448>.

About Galaxy Nutritional Foods, Inc.

Galaxy Nutritional Foods® is the leading producer of health-promoting plant-based dairy and dairy-related alternatives for the retail and foodservice markets. An exclusive, new and technologically advanced, safer "hot process" is used to produce these phytonutrient-enriched products, made from nature's best grains – soy, rice and oats. Veggie products are low fat and fat free (saturated fat and trans-fatty acid free), cholesterol and lactose free, are growth hormone and antibiotic free, and have more calcium, vitamins and other minerals than conventional dairy products. Because they are made with plant proteins, the products are more environmentally friendly and economically efficient than dairy products derived solely from animal proteins. Galaxy's products are part of the healthy and natural foods category, the fastest growing segment of the retail food market. Galaxy brand names include: Galaxy Nutritional Foods®; Veggie®; Nature's Alternative™; Veggie Lite Bakery™; Veggie Café; Soyco®; Soymage®; Wholesome Valley®; Lite Bakery®; and formägg®. For more information, please visit Galaxy's website at: www.galaxyfoods.com.